

“HEART MATTERS”  
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**Top Ideals About “Heart Matters”**

- Get to know Jesus for yourself
- Develop an intimate relationship with the Lord
- Obedience is key
- How to manage your stress
- How to gain control over your life
- Learn how to respond positively
- Learn how to encourage yourself
- Look at life from a different perspective
- Don't ignore your need for stability
- Recognize that life holds both confusion and disappointment
- Learn how to walk by faith and not by sight
- Adversity can be a stepping stone to a miracle
- Get wisdom and in all thy getting, get understanding
- Don't give up, be determined to stand strong
- Learn how to gain control over your life through prayer and the study of God's word
- Recognize that you can make it in spite of it all